

Paris Marais Dance School

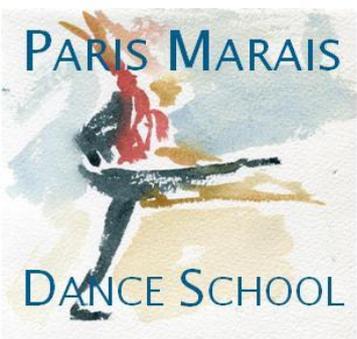
BALLET & CONTEMPORARY-GRAHAM

Presentation of disciplines taught

1. Classical and neo-classical Ballet
2. Variations and Partner work
3. Contemporary dance - Graham technique
4. Flow - release- contact-improvisation
5. Improvisation, choreography composition
6. Contemporary Floor barre



www.paris-marais-dance-school.org



Dance practice with Paris Marais Dance School

Introduction

- All classes are taught in French and English
- What studying dance with us can offer you?

For dance lovers

Dancing gives freedom to your inner voice and helps you to express your own identity, increase your freedom of expression and share your passion for dance with others, while gaining elegance, suppleness, poise and mental and physical strength.

Regular dance practice increases overall health, well being and confidence.

The discipline that dance will bring you will help you succeed in your studies and your life!

For young talent preparing a career in dance

We help you to pass your auditions and enter a dance company of international level

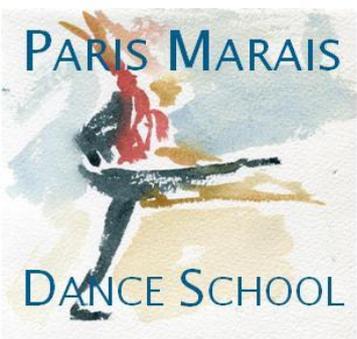
- Personalized program & individual COACHING
- High technical and artistic standards
- Unique combination of techniques: BALLET, GRAHAM

- **Paris Marais Dance School**

The school is located in the Centre de Danse du Marais, the oldest and largest center in France, in the historic heart of Paris, close to Notre Dame and the Pompidou Centre.

It offers **classes open to all** as well as an undergraduate **professional training program** preparing for entry into the major dance companies worldwide.





Faculty

Faculty - Founders

- **Maggie BOOGAART**

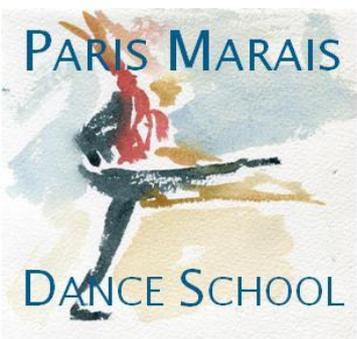
- Ex-principal dancer
 - Teacher of Martha Graham technique
Recognized by the Faculty of the Martha Graham School of Contemporary dance, NYC
 - Choreographer
 - Ex-Director company Dragon Productions
- www.maggieboogaart.com



- **Ghislain de COMPREIGNAC**

- Ex-principal dancer, Ballet du Nord - Balanchine repertory, (ex-dancer: Ballet du Rhin, Ballet Royal de Wallonie, Ballet de Nancy, Maurice Béjart)
- Ballet teacher





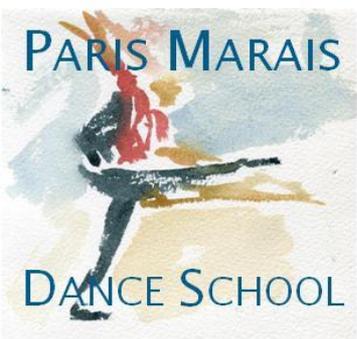
Classical Ballet



1 – CLASSICAL BALLET – all levels

- **Beginners**
This class allows beginners to develop their placement and ballet fundamentals through very specific exercises. Students will acquire the necessary knowledge and discover elegance and artistic expression. Students experience real progress and eventually can access the intermediate level.
- **Intermediate**
This class allows dancers to develop their placement and ballet fundamentals through very specific exercises. Students will be able to expand their knowledge and improve their practice of adagio, turns, jumps, beats with more precision, speed, legato, elegance and artistic expression. Students experience real progress and eventually can access the advanced level.
- **Advanced – (pre)professional**
A virtuosic and dynamic approach allows dancers to reach the highest level in classical dance and neo-classical technique while coaching each individual student to full artistic expression. The classes are accompanied by a choice of challenging piano, jazz and symphonic music, from Vivaldi to David Lynch, to deepen the students musicality.
VARIATIONS: each month a new variation of the classical repertory or of Balanchine repertory is deepened, which allows you to achieve real progress beyond the daily training.
- **Pointes – initiation and reinforcement**
This class is an initiation in point work; students will learn to master the basic steps that will allow access to the point work in intermediate and advanced ballet class.
- **Boys classes**
These classes allow for boys to work the specific men's technique, like jumps and turns.





Classical Partner work



2 – VARIATIONS AND PARTNER WORK

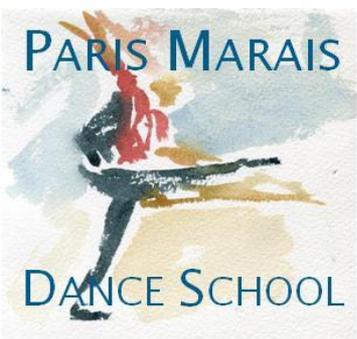
Classes reserved to advanced and (pre)pro levels, upon agreement of ballet teacher.

During the class, a first technical sequence allows partners to explore the many subtleties necessary for the proper performance of adage figures and for the mutual trust. The second half of the class is dedicated to learning a Pas-de-deux from the classical and Balanchine repertory.

Each specific repertory piece includes a study of interpretation.

Examples of pieces studied: Le Corsaire (Mazilier/Petipa), Rubies (Balanchine), Apollo (Balanchine), Chaconne (Balanchine), Black Swan (Petipa/Ivanov).





Contemporary Dance

3 - CONTEMPORARY – MARTHA GRAHAM TECHNIQUE

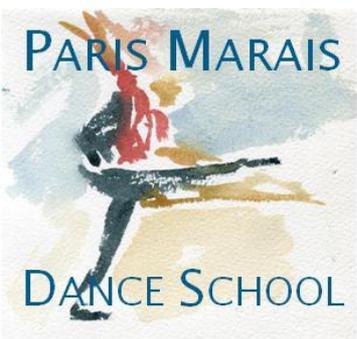
These classes follow the training that Boogaart received by legendary principals of the Martha Graham Dance Company, like Pearl Lang, Jacquelyn Buglisi, Kenneth Topping, Kazuko Hirabayashi, Peter Sparling ...

Boogaart guides the students through the powerful Graham-dynamics with training in challenging floor work, the standing work and the travelling in space.

A rich and passionate experience that allows students to discover a deeper understanding of their use of breath in dance, the use of spirals and opposition, the challenges of different techniques to fall, shift, jump, leap and skip through the space while defying gravity, exploring (and stretching!) your boundaries, all the while discovering and re-defining your way of expressing yourself as an artist.

VIDEO : <http://vimeo.com/37154208>
<https://vimeo.com/31175805>





Contemporary Dance

4 – FLOW / RELEASE / CONTACT-IMPROVISATION

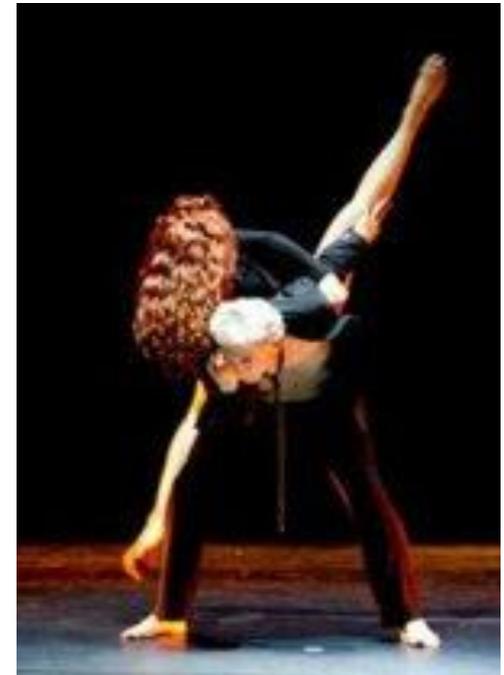


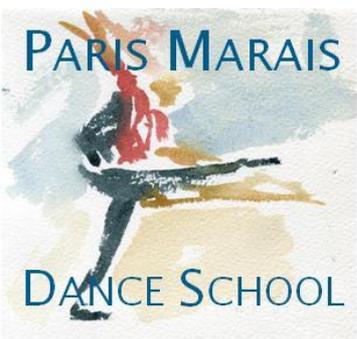
A celebration of dancing-energy that 'flows', with a practice of contemporary partner-work (contact) and elements of the very popular 'release' style.

Release-work is based upon the work of Doris Humphrey and Jose Limon (a student of / dancer with Doris Humphrey) and other great dancers & choreographers who continued to re-create/re-define moving by using the bodies own energy (momentum) and initiating movements from any possible body part.

The style is mainly based on 'fall & recovery', with very fluid and pleasant 'dance-able moves'.

Miss Humphrey, a highly skilled and innovative choreographer, wrote the famous book 'The art of making dances', which is still widely used as the choreographers-guide.





Contemporary Dance

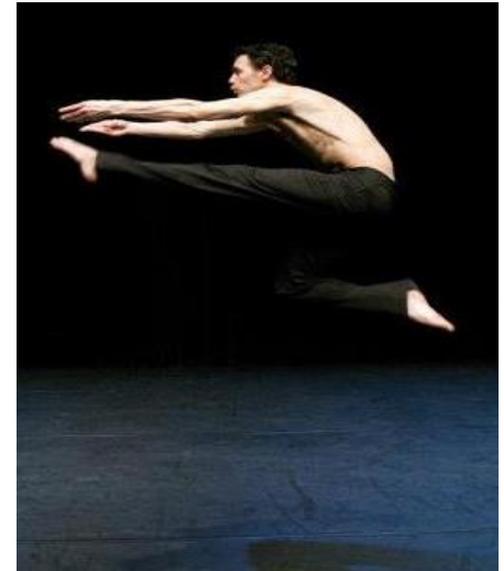
5 – IMPROVISATION – CHOREOGRAPHY COMPOSITION

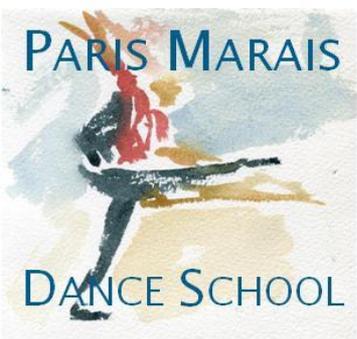
In her improvisation classes, Maggie Boogaart shares with you the principles of improvisation to help everyone find their own language, breaking away from conventions and references of the techniques studied in other courses, connecting intimately with music and developing a theatrical dimension. Enhance and increase your creativity and movement possibilities to enjoy the pleasure of dancing with more freedom.

Specifically recommended for aspiring choreographers and all students who prepare auditions, work with choreographers and directors, etc.

The study of the choreographic composition provides principles about composition in the space, use of music, connection with other and the audience, thematic development, dramatic tension...

The results are shown in solos presented at end of autumn, spring and summer intensive workshops.





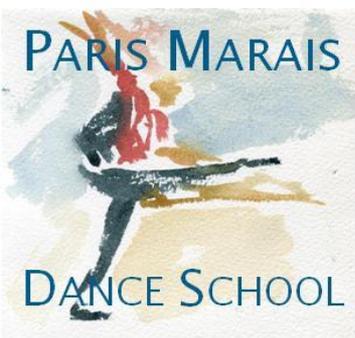
Contemporary Dance

6 – CONTEMPORARY FLOOR BARRE

In these classes, Maggie Boogaart guides you with a choice of movements and exercises of Pilates, yoga, stretching and strengthening to develop your flexibility, muscle tone, energy, breath and body wellness in depth.

These classes provide a profound preparation for all dance classes in all styles, allow you to understand how your body functions, heal minor injuries and get you in perfect shape.





Testimonials and recommandations

About Maggie Boogaart

- **TESTIMONIALS:**

- "What a pleasure to come upon a teacher who breathes new life into the technique and who can inspire in her students a sense of excitement, while also demanding the rigor that is so essential to the learning process of such a demanding technique!" , **Peter Sparling , ex-principal dancer Martha Graham Dance Company and Thurnau Professor University of Michigan)**
- « Mademoiselle Boogaart a de l'expérience avec le répertoire Graham qu'elle a appris lors des ateliers de répertoire pendant sa formation à l'école de 1994 à 1997. Pendant ces années, elle a étudié avec des professeurs de renommée: Pearl Lang, Stuart Hodes, Jacqueline Buglisi, Terese Capucilli, Christine Dakin, Armgard von Bardeleben, Elizabeth Auclair, Kenneth Topping. Je peux vous assurer que Mademoiselle Boogaart a de l'expérience en tant que professeur et que son expérience de danseuse et interprète ajoute à sa panoplie artistique. Je suis sûre qu'elle pourra apporter aux élèves de Paris une technique Graham authentique ainsi qu'un esprit ouvert sur les possibilités que celle-ci apporte. » **Virginie Mécène , ex-principal dancer Martha Graham Company, Director Martha Graham School and Martha Graham Company II.**

- **RECOMMANDATIONS, available upon request on Maggie Boogaart mastering the Martha Graham technique and repertory :**

- Virginie Mécène, Director of Martha Graham School and former principal dancer of the Martha Graham Company, New York City
- Peter Sparling, teacher of Martha Graham technique for 20 yrs at Michigan University and former principal dancer of the Martha Graham Company, personal coach of Rudolph Noureev for his interpretations with the Martha Graham company
- Stuart Hodes, former director of Martha Graham School and former principal dancer of the Martha Graham Company, New York City
- Jacquelyn Buglisi, faculty Alvin Ailey School & Juilliard School, Master Educator of the Martha Graham technique for universities abroad and former principal dancer of the Martha Graham Company, New York City.

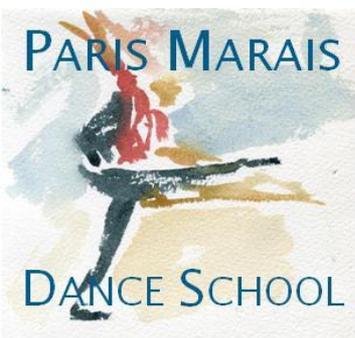
As teacher and colleague within pedagogic teams in dutch dance academies:

- Eddi de Bie, director of Amsterdam Dance Academy (Theaterschool ,NL) and former principal dancer of Alvin Ailey Company
- Paul de Greef, director of Tilburg & Maastricht Dance Academies (Fontys, NL)
- Haya Maëla, director of Vooropleiding Haarlem (NL) and former principal dancer of Koninklijk Ballet van Vlaanderen (B)

About Maggie Boogaart as dance teacher in France :

- Christophe Martin, director MICADANSES, Paris (FR)

- **DPLOMAS :** BA London Contemporary Dance School (1988-1991), Martha Graham School of contemporary dance, NYC (1994-1997)
- **ARTICLES:** Article in magazine « Dans », October 2009, about the works of Maggie Boogaart from 1994 to 2009 with her Dragon Productions Dance Company.
- **Biography and Curriculum vitae :** <http://www.maggieboogaart.com/biographie-biography-maggie-boogaart-p447185>



Testimonials and recommendations

About Ghislain de Compreignac

- **TESTIMONIALS**

- « I was so impressed with the quality of this class. Beautiful combinations, impeccable musicality, and intelligent corrections.” **Michael Cusumano, former soloist dancer with American Ballet Theater**
- “ I am so grateful for your encouragement and advice in Paris. Your inspiration is priceless and I can't wait to work with you when I return!” **Joy Womack, former soloist at Bolshoi, principal dancer with Kremlin Ballet.**
- “What a wonderful class! I was visiting Paris for a few days and am so glad I found Ghislain. His class was great fun, but also challenging. I loved the combinations and my body felt great afterwards. Ghislain is a very attentive teacher, has a great eye for detail. I am inspired by his energy, enthusiasm and professionalism.” **Michael Kopinski, former soloist of Royal Birmingham Ballet.**
- “A class to work the 21st c. ballet technique», a student.

See also: <http://www.paris-marais-dance-school.org/temoignages.php>

- **Diplomas**

- BA Art History, Université Paris I – Sorbonne
- BA Economics and Politics, Université Paris IV – Sorbonne

- **Letters of recommendation, available upon request**

- Jocelyn Alizart, ballet master and teacher with Ballet Royal de Wallonie (B), Malmö Ballett (SW), Ballet du Louvre (Paris, France), Ballet de France, Ballet National Finlandais (FIN), Deutsche Oper am Rhein (Düsseldorf, DL), Leipziger Ballett (DL)
- Pascal Minam-Borier, director of School of Ballet du Nord, former principal dancer of Ballet du Nord.

- **Publications**

« Les architectures scéniques », by Ghislain de Compreignac, magazine Danser, n° 15, septembre 1984, p. 50, 51, 52 (ISSN 0755-7639).

- **Biography** : <http://www.ghislain-de-compreignac.com/biographie-p414960>

- **Curriculum vitae** : upon request.

- **Student of Serge and Solange Golovine**, principal dancers of Ballet du Marquis de Cuevas.